

## R+T PARK BEACH VOLLEYBALL REC LEAGUE RULES

Matches are played between 12PM to 1PM.

### *Standings*

How's team are ranked:

- Total points will be determined from a team's wins, losses and ties. Wins will be two points, ties will be one point, and losses will be zero points.
- Forfeits will be considered as losses
- Games played will be considered to be the number of matches played

### *Starting and Restarting Plays*

- Prior to the first set, captains will meet and determine which team will begin with the ball. It can determined with a coin toss, rock-paper-scissors and rally-for-first-serve
- The team that did not start with the ball in the first set will start with the ball in the second set
- For the third set, the team that won the first toss will start with the ball

### *Match Format*

- All matches will be best out of three sets
- Games will be won by the first team to score 25 by two points OR the first team to score a hard cap of 27
- A total of fifteen points must be scored in the third game for the score to be counted; otherwise it should be recorded as a tie, if each team has won a game.

### *General Play Guidelines*

- There must be at least six players on the court on each side unless the captains of each team in the match decide to play with less
- Players are required to serve from behind the back line of the court
- If a serve touches the net on the way over, the ball will be considered live.
- Each player may only have a maximum of five serves during a rotation. If a team maintains possession after these five serves they must rotate to a new server.
- The serve may not be blocked or spiked.
- A team may receive a serve with either a bump or volley.
- Teams will have a maximum of three hits to return the ball to their opponent; a block will not be considered as a hit.
- Players may use any part of their body to return/hit the ball.
- Teams may return the ball with a spike however, players must take into consideration the skill level of their opponent.

- Players may pass their hands above the plane of the net in the following scenarios:
  - while blocking an attack from their opponent
  - while spiking the ball, contact must be initiated on their own side
- If the ball hits any other foreign object to the court (ie. tree, fence or net post) it will be considered out of bounds.
- If the ball travels over the net outside of the court posts it will be considered out.
- If a ball or player from another game enters the playing area the play will stop and the point will be replayed.

### *Violations and Penalties*

All players are expected to know the R+T Park Rec League beach volleyball rules and call their own violations during the game. Players should not wait for their opponent or expect others will call their infractions during a game. If an infraction from your opponent is missed you may politely point it out. Teams should not be calling infractions for their opponent, this is deemed as poor sportsmanship.

If teams cannot come to an agreement on a called infraction they are expected to replay the point. This is a recreation league and players are expected to show respect towards their opponent and make calls within the spirit of the league as outlined.

Violations: a violation is an illegal play in volleyball that will result in the loss of service for a team

List of violations:

- a player may not step on the end line during a serve
- a player may not play the ball twice in succession, a block is not considered as a hit
- a player may not cross the center line and interfere with their opponent
- the ball may not come to a visible rest while being played by a player; this is referred to as a “carry”
- a player may not palm or throw the ball while playing the ball; this is referred to as a “lift”
- a player may not contact the net with any part of their body during a play
- a player may not go over the plane of the net interfering with the play of their opponent; excluding the above mentioned examples